Reflecting: Why did you do the personal project?

Explain the impact of the project on you or your learning

In this stage of the project you will …

Provide evidence and examples to support your reflection

Evaluate your product based on the success criteria

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"We do not learn from experience … we learn from reflecting on experience."

John Dewey

Think–pair–share

- What did I learn since I started the personal project?

- What advice would I give to someone starting the personal project?

- What am I most proud of achieving through the personal project?

Evaluating your product
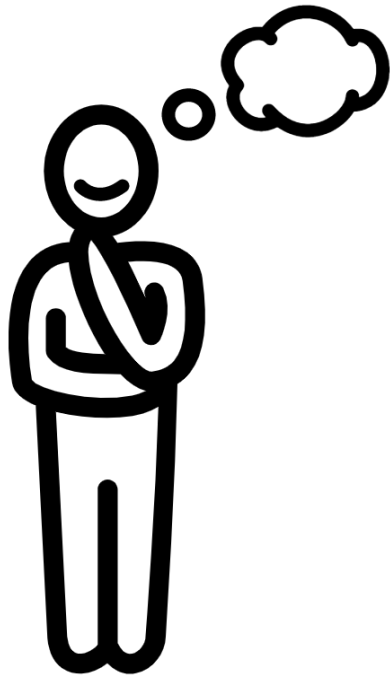
Did you achieve your success criteria?

- Comment on each of your success criteria.
- Describe the extent to which you met each criterion.
- State whether there were any unexpected features that you achieved.

How do you know?

- Gather evidence to show the success criteria that you met.
- Give evidence or examples to explain why you were unable to meet other success criteria.

Reflection prompts

If you did not meet all your success criteria, it does not mean you have not been successful overall.

When reflecting, you might want to ask yourself:

- Were my success criteria too easy or too difficult?
- How did the ATL skills contribute to the success of my product?
- How did the ATL skills contribute to the success of my learning?
- What was in my control? What was outside of my control?
- What would I do differently if I started again?

Reflecting on the impact of the project

Because the personal project consists of a process and a product, it can result in a variety of impacts:

Possible impacts of the **learning goal**	Possible impacts of the **product**
● Demonstrating and developing specific ATL skills ● Extending knowledge about an area of interest ● Gaining confidence by completing an independent project	● Meeting a need in the community ● Showcasing the students' skills or abilities

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IB learner profile

"Reflective: *We thoughtfully consider the world and our own ideas and experience. We work to understand our strengths and weaknesses in order to support our learning and personal development."*
Reflective is one of the 10 attributes of the IB learner profile. We know that reflecting on our learning helps us move forward. You might wish to use the IB learner profile attributes as a tool to help you reflect on your learning.

IB learner profile

The aim of all IB programmes is to develop internationally minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world.

As IB learners we strive to be:

INQUIRERS
We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life.

KNOWLEDGEABLE
We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.

THINKERS
We use critical and creative thinking skills to analyse and take responsible action on complex problems. We exercise initiative in making reasoned, ethical decisions.

COMMUNICATORS
We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.

PRINCIPLED
We act with integrity and honesty, with a strong sense of fairness and justice, and with respect for the dignity and rights of people everywhere. We take responsibility for our actions and their consequences.

OPEN-MINDED
We critically appreciate our own cultures and personal histories, as well as the values and traditions of others. We seek and evaluate a range of points of view, and we are willing to grow from the experience.

CARING
We show empathy, compassion and respect. We have a commitment to service, and we act to make a positive difference in the lives of others and in the world around us.

RISK-TAKERS
We approach uncertainty with forethought and determination; we work independently and cooperatively to explore new ideas and innovative strategies. We are resourceful and resilient in the face of challenges and change.

BALANCED
We understand the importance of balancing different aspects of our lives—intellectual, physical, and emotional—to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live.

REFLECTIVE
We thoughtfully consider the world and our own ideas and experience. We work to understand our strengths and weaknesses in order to support our learning and personal development.

The IB learner profile represents 10 attributes valued by IB World Schools. We believe these attributes, and others like them, can help individuals and groups become responsible members of local, national and global communities.

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Activity

- What progress did you make towards your learning goal?
- How have you grown or changed as a result of the project?
- How has your project changed you as a learner?

In the report

At the end of the personal project, you will submit a report with a section about this phase of the project. You will need to:

- **explain** the impact of the project on yourself and/or your learning
- **evaluate** your product based on the success criteria
- **support** your reflection with detailed examples and evidence.

Exhibition or showcase

Your school may also have a showcase or exhibition for all students to present their projects. This is also a chance to reflect—but more importantly—to **celebrate your hard work**!

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Questions?

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